



Week at a Glance

	Week of March 1st – March 5th
Mon. Mar 1st	
Tue. Mar 2nd	
Wed. Mar 3rd	
Thur. Mar 4th	PAC Meeting at 6:30 pm (Microsoft Teams)
Fri. Mar 5th	

Hot Lunch Program – LIS Hot Lunch Program will resume this March! Much gratitude to LIS PAC for working behind the scenes to make this happen for our students. LSS culinary arts program will provide lunches from March to May. LSS culinary arts program has a safety plan in place and strictly follow all food services protocols. Lunches will be prepared in a commercially licensed kitchen (peanut free) and lunches will be individually bagged and tagged with student names. PAC is in consultation with other service providers for month of June. **Munch A Lunch** is a site that will be used to place and process lunch orders. Please note if you do not have a credit card, Munch-a-Lunch will take visa debit card as well, please see attachment for information. PAC Corner on [LIS website](#) is a quick way to access registration site if you are familiar with Munch A Lunch.

Navigating the Adolescent Brain & Behaviours- Living in Families with Teens (LIFT) is hosting two sessions on March 9th & 10th for caregivers of teens, with an emphasis on teens in Grades 6-9. See the [flyer](#) for more details.

2021 Anti-Racism Festival- This spring the Central Vancouver Island Multicultural Society (CVIMS), in partnership with the Canadian Cultural Mosaic Foundation (CCMF) is pleased to be hosting the 2021 Anti-Racism Arts Festival. This festival has travelled across Canada since 2015.

The festival hopes to bring together people from Nanaimo and surrounding areas to participate and attend the week-long festival, which features various art and educational activities free of charge. We anticipate this festival to inspire, teach and feature local artists to use creativity as a catalyst for change. Click [here](#) for more information and to register.

2021 Student Learning Survey- Help us plan – tell us about your child’s education. There is still time for Gr. 4 & 5 parents to complete survey. Parents can access the survey from the following link: http://www.bced.gov.bc.ca/sat_survey/access.htm Parents do not require an access



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code and can go straight to the Direct Access section under Parents. The survey is open from now until April 30th, 2021. Thank you in advance for your participation.

GRIP- NLPS is fortunate to have Jordan Buna from Safer Schools Together speaking to parents about how to protect our children from gang-associated involvement. Jordan works with Safer Schools Together and speaks about his personal journey into gangs, his successful exit and provides other valuable learning about warning signs to look for, digital trends etc. **This event is on March 2nd from 6:30-8:00 pm online and is free. Parents will need to pre-register for this event ([Registration/Flyer](#)).** The link for the event will be sent out by March 1st.

LIS virtue of the month is "Trustworthiness". Trustworthiness is the ability to be relied on as honest or truthful

Weekly Quote: The glue that holds all relationships together ... is trust, and trust is based on integrity.

PAC Meeting

Thursday, March 4, 2021 at 6:30pm (Microsoft Teams)

[Click here and join us](#)

Upcoming Dates to Remember

March 13th -28th -Spring Break

March 31st – Book Fair (Virtual)

April 2nd – Good Friday (School not in session)

April 5th- Easter Monday (School not in session)

Attendance- Please remember to inform the office if your child will be late or absent. Please phone 250-245-3351

When a student is late: Please have them come to our front door and knock on the door; someone will come let them in. Then they will need to come into the Office and sign in.

Building Access- Parents will not be able to enter the school this year (all exterior doors are locked) and teachers will be communicating with you by phone or video call. In rare and urgent situations in person meetings may be able to be arranged.



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COVID-19 Protocol if Your Child is Unwell

Please use the Daily Health Check form each morning to ensure your child is healthy and not exhibiting any respiratory symptoms. If any students or staff are sick, they must not come to school. This will be essential in keeping our school community safe this winter. Parents must also check with a medical professional or call 811 to ensure their child does not have COVID 19 before they can return to school. Students must also be symptom free before returning to school.

New Daily Health Check & Mobile App

[K-12 Online Daily Health Check](#) (Please Click on Link)

Daily Health Check

[Daily Health Check-When To Get Tested](#) (Please Click on Link)

School Closure Information Provided to Parents

The following is a reminder about the NLPS school closure procedure for student.

If schools are closed due to snow, or any other weather-related problems, announcements will be made on local radio stations (WOLF 106.9 FM, WAVE 102.3 FM, and 91.7 COAST FM) by 7 a.m., or earlier, on the day of the closure. Please do not call the radio station – tune in and listen for the announcements, which will be made on a regular basis.

In addition, the district will post the information on the district's website, Twitter, Facebook, and mobile app. Families may also receive a message through the School Messenger notification system via phone, email, or text. Please keep in mind, however, that there may be situations where this is not always possible, for example, power outages or technical problems. The most reliable method is to listen to the local radio stations.

Mental Wellness Supports

Mental wellness during COVID-19

[February 2021 Wellness newsletter](#)

SD #68 Mental Wellness During COVID

<https://www.sd68.bc.ca/covid-19/staying-mentally-well-during-covid-19/>

Ease <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

Syeyutsus Framework for Community Wellness

[Useful tips, links, and resources](#) to assist families during COVID-19