



Week at A Glance

	Week of January 11th – January 15th
Mon. Jan 11th	
Tue. Jan 12th	
Wed. Jan 13th	Friendship Activities (Meet a New Friend Day)
Thur. Jan 14th	Friendship Activities (Wave of Hands)
Fri. Jan 15th	Friendship Activities (Dress like your Friend Day)

Dear LIS Families;

Happy New Year! I hope everyone had a rested and spirited break filled with joy and laughter. It was a great feeling to end December on a high note with our student's virtual performance. Everyone involved is to be commended on their efforts and hard work.

We're looking forward to quite a busy month of activities, culminating in our Literacy week scheduled January 25th-29th. Family Literacy Day is January 27, 2021, please check out January 18th "Week at a Glance" for exciting activities.

Report Cards- Report cards will be emailed home of February 10th. We have also created a "Reporting Video for Parents" that will be available on the school district website; please share with your parent community through email or newsletter – <https://www.sd68.bc.ca/student-progress-reporting/> - click on "Reporting Information for Families" to get to video

New Program- LIS implemented a school wide 'Mindful Practise through Mindful Expression Challenge', students will explore self awareness via the experiential lens of specific theatre exercises, writing prompts, character study, mindful movement strategies and creative meditations. In a series of short, play based online videos and prompts students will explore 'the body as an instrument' leading towards an inquiry of 'What does an actor's work have in common with self awareness?' and 'How do I feel these exercises might help with day to day skills like focus, confidence, sensory integration, and being an empathetic listener?'

With Covid-19 and the mental health implications during this challenging time, students need the opportunity to explore accessible, play based practises that will enhance safe online engagement and build mental and emotional resilience. Working with elements of physical theatre and actor-based focus exercises provides multiple ways to engage a broad cross section of learners to access and explore their bodies in the context of play and theatre, and to empathetically explore the experiences of others through character study. Please ask your child about this new program!

LIS virtue of the month is "Friendliness". Friendliness is being a friend, through good times and bad. You take an interest in other people and make them feel welcome. You share your belongings, your time, and yourself.

Weekly Quote: "When the world is so complicated, the simple gift of friendship is within all of our hands."



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Attendance- Please remember to inform the office if your child will be late or absent. Please phone 250-245-3351

When a student is late: Please have them come to our front door and knock on the door; someone will come let them in. Then they will need to come into the Office and sign in.

Building Access- Parents will not be able to enter the school this year (all exterior doors are locked) and teachers will be communicating with you by phone or video call. In rare and urgent situations in person meetings may be able to be arranged.

Covid Protocol if Your Child is Unwell

Please use the Daily Health Check form each morning to ensure your child is healthy and not exhibiting any respiratory symptoms. If any students or staff are sick, they must not come to school. This will be essential in keeping our school community safe this winter. Parents must also check with a medical professional or call 811 to ensure their child does not have COVID 19 before they can return to school. Students must also be symptom free before returning to school.

[Public Health Guidance for K-12 Schools](#) (Please Click on Link)

Upcoming Dates to Remember

- January 18th – BC Lions Virtual Assembly
- January 25th-29th Literacy Week
- February 10th- Report Cards & Red & White Day
- February 11th & 12th – Pro D Day (School not in session)
- February 15th – Family Day (School not in session)
- February 24th – Pink Shirt Day
- March 13th -28th -Spring Break

Mental Wellness Supports

Mental wellness during COVID-19

[Check out our latest Mental Check In Newsletter for December 2020](#)

SD #68 Mental Wellness During Covid

<https://www.sd68.bc.ca/covid-19/staying-mentally-well-during-covid-19/>

Ease <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

Syeyutsus Framework for Community Wellness

[Useful tips, links and resources](#) to assist families during COVID-19



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LADYSMITH SECONDARY (GRADE 8 REGISTRATIONS)

Grade 7 students are automatically registered and scheduled at Ladysmith Secondary for Grade 8, as Ladysmith is our catchment high school. There is no need to apply to Ladysmith Secondary as this is automatically taken care of for your child.

Students wishing to transfer to a secondary school other than our catchment area high school, should notify their Principal and Grade 7 teacher and apply online here: [Student Online Registration](#).

If you are interested in applying for one of our District Secondary Academies, please visit our website for more information here: [District Secondary Academies](#).

Registration opens on Wednesday, January 6, 2021 at 8:00am.



Traffic Safety & Weather

Please make sure you're dropping off or picking up your children from either 3rd or 4th Avenue each day.

The crosswalk on 4th Ave can be a bit treacherous on rainy days- please remind your children to triple-check before crossing and put away their devices until it's safe. Thank you for moving through that area with extra caution!

Please ensure your child is dressed appropriately for the weather. We plan on going outdoors daily for recess.

SCHOOL CLOSURES

If schools are closed due to snow, or any other weather-related problems, announcements will be made on local radio stations (WOLF 106.9 FM, WAVE 102.3 FM, and 91.7 COAST FM) by 7 a.m. on the day of the closure.

Please do not call the radio station – tune in and listen for the announcements, which will be made on a regular basis.

In addition, the district will post the information on the district's website, Twitter, Facebook, and mobile app.

Please keep in mind, however, that there may be situations where this is not always possible, for example, power outages or technical problems. The most reliable method is to listen to the local radio stations.

