



## Week at A Glance

	<b>Week of November 23<sup>rd</sup> - November 26<sup>th</sup></b>
<b>Mon. Nov 23<sup>rd</sup></b>	
<b>Tue. Nov 24<sup>th</sup></b>	<b>Blue and White Day (School Colours)</b>
<b>Wed. Nov 25<sup>th</sup></b>	
<b>Thur. Nov 26<sup>th</sup></b>	
<b>Fri. Nov 27<sup>th</sup></b>	<b>Crazy Socks Day</b>

Dear LIS Families,

**Intramural:** LIS staff is gradually rolling out cohort-based activities for students. Thank you to Mr. "G" for organizing dodgeball during lunch recess. It warms everyone's heart to see so many smiling faces as they run and play until their hearts are content. Next week, staff will start football on Tuesday and Thursday for cohorts to keep student actively engaged. Students will run through fundamentals, agility drills, learn stances and four pillars of football which are discipline, teamwork, respect and commitment.

**CURIO:** Curio.ca is CBC and Radio-Canada's online based streaming service developed specifically for the Canadian educational community. Curio.ca provides the Canadian educational community with high-quality, Canadian specific digital learning resources that align with BC curriculum to meet classroom needs and support student learning. Next week, Teachers will create student accounts to use at school and home, please stay tuned for more details.

**COVID-19:** Superintendent Scott Saywell and SD69 (Qualicum) Superintendent Kevin Elder had the opportunity to ask Island Health MHO for Central Vancouver Island, Dr. Sandra Allison, questions they have been receiving from staff and the community. The video is 40 minutes long and can be watched in its entirety here

<https://youtu.be/oIFaS6qrL1o>

**Grade 6 Immunizations:** Immunizations will take place in a drive through format at Beban Park on Sunday November 22nd, 9:00am-11:45am. If you have any questions, please contact Island Health at 250-755-3388

**Weekly Quote:** *"Your talent determines what you can do. Your motivation determines how much you're willing to do. Your attitude determines how well you do it."* – Lou Holtz



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**Attendance-** Please remember to inform the office if your child will be late or absent. Please phone 250-245-3351

**When a student is late:** Please have them come to our front door and knock on the door; someone will come let them in. Then they will need to come into the Office and sign in.

**Building Access-** Parents will not be able to enter the school this year (all exterior doors are locked) and teachers will be communicating with you by phone or video call. In rare and urgent situations in person meetings may be able to be arranged.

### Covid Protocol if Your Child is Unwell

Please use the Daily Health Check form each morning to ensure your child is healthy and not exhibiting any respiratory symptoms. If any students or staff are sick, they must not come to school. This will be essential in keeping our school community safe this winter. Parents must also check with a medical professional or call 811 to ensure their child does not have COVID 19 before they can return to school. Students must also be symptom free before returning to school.

[Public Health Guidance for K-12 Schools](#) (Please Click on Link )

### Upcoming Dates to Remember

November 22<sup>nd</sup> Grade 6 Immunizations at Beban Park (**Nanaimo**)  
December 17<sup>th</sup> – Virtual Christmas Assembly (**Tentative**)  
December 18<sup>th</sup>- Last day of classes winter break  
December 19<sup>th</sup> -January 3<sup>rd</sup> Winter Break (**School not in session**)  
January 4<sup>th</sup> – School reopen

## Mental Wellness Supports

### Mental wellness during COVID-19

[Check out our latest Mental Check In Newsletter for October 2020](#)

**Ease** <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

### Syeyutsus Framework for Community Wellness

[Useful tips, links and resources](#) to assist families during COVID-19



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### Playground Expectations

We've been working hard to interact with one another in peaceful, respectful ways on our playground, and to engage in activities that are safe and comfortable for everyone to play.

**At LIS, we take care of ourselves and each other.**

**We will be:**

- **Honest**
- **Kind**
- **Respectful**
- **Thoughtful Before We Act**

We're hoping to enlist parent help in checking-in with your children and reaffirming our expectation that students will play in ways that do not involve play-fighting, tackling or jumping on one another. It's also important for everyone to speak respectfully to adults and students, and using polite, appropriate language at school.

Thank you so much for your support!

### SCHOOL CLOSURES

If schools are closed due to snow, or any other weather-related problems, announcements will be made on local radio stations (WOLF 106.9 FM, WAVE 102.3 FM, and 91.7 COAST FM) by 7 a.m. on the day of the closure. Please do not call the radio station – tune in and listen for the announcements, which will be made on a regular basis.

In addition, the district will post the information on the district's website, Twitter, Facebook, and mobile app.

Please keep in mind, however, that there may be situations where this is not always possible, for example, power outages or technical problems. The most reliable method is to listen to the local radio stations.



**We are Kind.. We are Compassionate..  
We are LIS**